

24th Feb / 16th Mar / 6th Apr / 27th Apr / 18th May / 8th Jun / 29th Jun

2nd Mar / 23rd Mar / 13th Apr / 4th May / 25th May / 15th Jun / 6th Jul

9th Mar / 30th Mar / 20th Apr / 11th May / 1st Jun / 22nd Jun / 13th Jul

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
MEAT OPTION	Chicken & Vegetable Pie GL - DA	Pork Meatballs With Wholegrain Rice GL - SO - SU	Roast Turkey With Roast Potatoes	Shepherd's Pie Topped With Potato & Sweet Potato GL - DA	MSC Fish Fingers With Chips GL - FI
VEGETARIAN OPTION	Macaroni & Cauliflower Cheese, Topped with Bread Crumbs GL - DA - SO	Caribbean Vegetable Curry With Wholegrain Rice GL	Quorn Sausage With Roast Potatoes GL - DA - EG	Mozzarella & Tomato Pizza With Seasoned Potato Wedges GL - DA	Stuffed Cheese & Mixed Pepper Potato Skins DA
JACKET POTATO OPTION	Jacket Potato With Baked Beans	Jacket Potato With Grated Cheese DA	Sweet Potato With Cheesy Coleslaw DA - EG	Jacket Potato With Tuna Mayonnaise FI - EG	Jacket Potato With Grated Cheese DA
SANDWICH OPTION	Ham, Cheese or Tuna Mayonnaise GL - DA - FI - EG - SO	Ham, Cheese or Tuna Mayonnaise GL - DA - FI - EG - SO	Ham, Cheese or Tuna Mayonnaise GL - DA - FI - EG - SO	Ham, Cheese or Tuna Mayonnaise GL - DA - FI - EG - SO	Ham, Cheese or Tuna Mayonnaise GL - DA - FI - EG - SO
VEGETABLES	Sweetcorn & Broccoli Florets	Garden Peas & Cauliflower Florets	Chantenay Carrots & Shredded Cabbage	Mixed Vegetables	Baked Beans & Garden Peas
DESSERT	Fruit Yoghurt DA	Chocolate & Beetroot Cake GL - DA - EG - SO	Oaty Apple Crumble GL - DA - EG - SO	Fresh Fruit Salad	Iced Carrot Cake GL - DA - EG - SO

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
MEAT OPTION	Pork Sausage With Crushed Potatoes GL - SU	Beef Pasta Bolognese Bake GL - DA	Roast Chicken With Roast Potatoes	MSC Fish Pie Topped With Mashed Potato GL - DA	Harry Ramsden Fish Fillet With Chips GL - FI
VEGETARIAN OPTION	Quorn Sausage With Crushed Potatoes GL - DA - EG	Spanish Omelette Filled With Potatoes & Peppers DA - EG	Linda McCartney Sausage With Roast Potatoes GL - SO - SU	Margherita Pizza With Seasoned Wedges GL - DA	Vegetable Fingers With Chips GL
JACKET POTATO OPTION	Jacket Potato With Grated Cheese DA	Jacket Potato With Cheesy Coleslaw DA - EG	Jacket Potato With Tuna Mayonnaise FI - EG	Jacket Potato With Grated Cheese DA	Jacket Potato With Baked Beans
SANDWICH OPTION	Ham, Cheese or Tuna Mayonnaise GL - DA - FI - EG - SO	Ham, Cheese or Tuna Mayonnaise GL - DA - FI - EG - SO	Ham, Cheese or Tuna Mayonnaise GL - DA - FI - EG - SO	Ham, Cheese or Tuna Mayonnaise GL - DA - FI - EG - SO	Ham, Cheese or Tuna Mayonnaise GL - DA - FI - EG - SO
VEGETABLES	Sweetcorn & Broccoli Florets	Cauliflower Florets & Garden Peas	Chantenay Carrots & Parsnips	Mixed Vegetables	Baked Beans & Garden Peas
DESSERT	Ice Cream DA	Blueberry Cake GL - DA - EG - SO	Mandarin Jelly With Fruit Pieces	Fresh Fruit Salad	Banana Cake GL - DA - EG - SO

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
MEAT OPTION	Chicken Drumstick With Rice	Traditional Beef Lasagne DA - EG - GL	Gammon With Roast Potatoes	Butter Chicken Curry & Wholegrain Rice DA	MSC Salmon or White Fish Fingers With Chips GL - FI
VEGETARIAN OPTION	Sweet Potato & Vegetable Curry With Rice GL	Two Cheese Pizza With Seasoned Wedges GL - DA	Vegetarian Pie Topped With Bread Crumb GL - DA - SO	Cheese & Tomato Pasta Bake GL - DA	Stuffed Cream Cheese & Parsley Portabello Mushrooms With Chips GL - DA - SO
JACKET POTATO OPTION	Sweet Potato With Grated Cheese DA	Jacket Potato With Tuna Mayonnaise FI - EG	Jacket Potato With Cheesy Coleslaw DA - EG	Jacket Potato With Grated Cheese DA	Jacket Potato With Baked Beans
SANDWICH OPTION	Ham, Cheese or Tuna Mayonnaise GL - DA - FI - EG - SO	Ham, Cheese or Tuna Mayonnaise GL - DA - FI - EG - SO	Ham, Cheese or Tuna Mayonnaise GL - DA - FI - EG - SO	Ham, Cheese or Tuna Mayonnaise GL - DA - FI - EG - SO	Ham, Cheese or Tuna Mayonnaise GL - DA - FI - EG - SO
VEGETABLES	Broccoli Florets & Sweetcorn	Garden Peas & Sliced Carrots	Mixed Vegetables	Sliced Carrots & Cauliflower Florets	Baked Beans & Garden Peas
DESSERT	Fruit Yoghurt DA	Lemon Drizzle Cake GL - DA - EG - SO	Fruity Flapjack GL - DA - SO	Fresh Fruit Salad	Upside down Pineapple Cake GL - DA - EG - SO

Primary School Menu
Summer 2020

Freshly Baked Bread, Salad Bar & Fresh Fruit are available daily

Bread Contains - GL - DA - EG - SO / Yoghurt Contains - DA

ALLERGY KEY

CELERY - CE / GLUTEN - GL / CRUSTACEANS - CR / EGGS - EG / FISH - FI / LUPIN - LU / DAIRY - DA / MOLLUSCS - MO / MUSTARD - MU / NUTS - NU / PEANUTS - PE / SESAME SEEDS - SE / SOYA - SO / SULPHUR - SU

